

## Johnston Investment Counsel

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Top 10 Tax Breaks You'll Miss in 2014
Personal Finance Tips for New Graduates
Financial Choices: College, Retirement, or Both?

How much money should a student borrow for college?

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## Top 10 Tax Breaks You'll Miss in 2014



You probably didn't notice, but when the clock struck midnight on December 31, 2013, a number of popular tax benefits, commonly included in the list of provisions referred to as "tax extenders" expired. While it's possible that Congress could retroactively extend some or all of these items, you'll have to evaluate your 2014 tax situation based on the fact that they're no longer available.

## 1. Qualified charitable distributions

For the past few years, a qualified charitable distribution (QCD) of up to $\$ 100,000$ could be made from an IRA directly to a qualified charity if you were age $701 / 2$ or older. Such distributions were excluded from income and counted toward satisfying any required minimum distribution (RMD) that you would otherwise have had to take from your IRA for that tax year. QCDs aren't an option for 2014, however.

## 2. Qualified small business stock exclusion

For qualified small business stock issued and acquired after September 27, 2010, 100\% of the capital gain resulting from a sale or exchange could be excluded from income, provided certain requirements, including a five-year holding period, are met. For qualified small business stock issued and acquired after 2013, however, the amount that can be excluded from income drops to $50 \%$.

## 3. Deduction for higher education expenses

The above-the-line deduction for qualifying tuition and related expenses that you pay for yourself, your spouse, or a dependent is not available for 2014.

## 4. Classroom educator expense deduction

The above-the-line deduction for up to $\$ 250$ of unreimbursed out-of-pocket classroom expenses paid by qualified education professionals also expired at the end of 2013.

## 5. State and local sales tax deduction

 If you itemize deductions for the 2014 tax year, you won't have the option of claiming a deduction for state and local sales tax in lieu of the deduction for state and local income tax.
## 6. Depreciation and expense limits

The maximum amount that can be expensed under Internal Revenue Code Section 179 drops significantly from its 2013 level of $\$ 500,000$ to $\$ 25,000$ for 2014. The special 50\% "bonus" first year additional depreciation deduction has also ended.

## 7. Mortgage insurance premiums

Starting in 2014, individuals who itemize deductions will no longer have the ability to treat premiums paid for qualified mortgage insurance as deductible interest on IRS Form 1040, Schedule A.

## 8. Employer-provided commuter expenses

For 2013, you could exclude from income up to $\$ 245$ per month in transit benefits (e.g., transit passes) and $\$ 245$ per month in parking benefits. For 2014, the monthly limit for qualified parking increases to $\$ 250$, but the monthly limit for transit benefits drops to $\$ 130$.

## 9. Energy efficient home improvements and property

The nonbusiness energy property credit offset some of the costs associated with the installation of energy efficient qualified home improvements (e.g., insulation, windows) and qualified residential energy property (e.g., water heater, central air). Specific qualifications and limits applied, and an overall lifetime cap of $\$ 500$ was in effect for 2013. The credit is not available at all in 2014.

## 10. Discharge of debt on principal residence

Since 2007, individuals have generally been allowed to exclude from income amounts resulting from the forgiveness of debt on their principal residence. This provision expired at the end of 2013.

## Personal Finance Tips for New Graduates



Tips for paying off student loans:

- To make your payment schedule easier, consider consolidating or refinancing your student loans
- To shorten the overall repayment term and save on interest charges, try to divert extra funds toward monthly principal prepayment
- If you are having trouble paying your federal student loans, look into the government's Income-Based Repayment (IBR) plan

You've marched along to Pomp and Circumstance and collected your diploma--now you're ready to finally head out on your own. Maybe you have student loans that you need to start paying back. Perhaps you're looking forward to making your first car purchase or starting a new job. Whatever your situation, you'll definitely have new financial challenges you'll need to address and financial goals that you'll want to accomplish during this stage in your life. Fortunately, there are some relatively simple steps you can take to get started on the right track with your personal finances.

## Create a budget

An easy way to maintain control of your finances is to create a budget. Ideally, a budget will assist you in making sure that you are spending less than you earn.
In order to create a budget, you'll need to identify your current monthly income and expenses. Income includes your regular salary and wages, along with other types of income such as dividends and interest.
When it comes to identifying your expenses, it may be helpful to divide them into two categories: fixed and discretionary. Fixed expenses include things that are necessities, such as rent, transportation, and student loan payments. Discretionary expenses include things like entertainment, vacations, and hobbies. You'll want to include out-of-pattern expenses (e.g., holiday gifts, auto repair bills) in your budget as well.
The most important part of budgeting is sticking to it. To help you stay on track:

- Try to make budgeting a part of your daily routine
- Build the occasional reward into your budget (e.g., splurge on a latte at the local coffee shop or have dinner at a restaurant instead of cooking at home)
- Be sure to evaluate and monitor your budget regularly and adjust/make changes as needed


## Make saving a priority

Whether it's setting enough aside on a regular basis to accumulate an emergency cash reserve or putting money into an employer-sponsored retirement plan, if your budget allows, you should make saving a priority. And being a young investor means that you have one powerful advantage over older generations--time. By making saving a priority early in your life, your money can have more time to potentially grow and take advantage of the value of compound interest. To make it
even easier to save, you can arrange to have a portion of your paycheck/earnings directly deposited into a savings or investment account.

## Get a handle on your debt situation

Whether it's debt from student loans or credit cards, it's important to avoid the financial pitfalls that sometimes go hand-in-hand with borrowing. In order to manage your debt situation properly:

- Keep track of loan balances and interest rates
- Develop a plan to manage your payments and avoid late fees
- Pay off high interest debt first or take advantage of debt consolidation/refinancing


## Understand the importance of having

 good creditCredit reports affect so many different aspects of one's financial situation--from being able to obtain a car loan to being a prerequisite for employment. Having a good credit report will allow you to obtain credit when you need it, and often at a lower interest rate. As a result, it's important to establish and maintain a good credit history by avoiding late payments on existing loans and eliminating unpaid debts. Finally, it's important to monitor your credit report on a regular basis for possible errors.

## Evaluate your insurance needs

As a younger individual, insurance is probably not the first thing that comes to mind when you think about your finances. However, having the right amount of insurance to protect yourself against possible losses is an important part of any financial plan. Your insurance needs will depend on your individual circumstances. For example, if you rent an apartment, you'll need to obtain renters insurance to protect against loss or damage to your personal property. If you own a car, you'll need to have appropriate coverage for that as well. You'll also want to evaluate your needs for other types of insurance (e.g., disability and life).
Finally, under the Affordable Care Act, everyone, regardless of age, must have qualifying health insurance or risk paying a possible penalty. If you don't have access to health insurance through your parent's health plan or an employer- or government-sponsored health plan, you may purchase an individual health plan through either the federal or a state-based health insurance Exchange Marketplace. You can visit www.healthcare.gov for more information.


## A juggling act

It's the paramount financial conflict many families face, especially as more couples start having children later in life. Should you save for college or retirement? The pressure is fierce on both sides.

## Note

*All investing involves risk, including the possible loss of principal, and there can be no guarantee that any investing strategy will be successful.

## Financial Choices: College, Retirement, or Both?

Life is full of choices. Should you watch Breaking Bad or Modern Family? Eat leftovers for dinner or order out? Exercise before work or after? Some choices, though, are much more significant. Here is one such financial dilemma for parents.

## Should you save for retirement or college?

It's the paramount financial conflict many parents face, especially as more couples start having children later in life. Should you save for college or retirement? The pressure is fierce on both sides.
Over the past 20 years, college costs have grown roughly $4 \%$ to $6 \%$ each year--generally double the rate of inflation and typical salary increases--with the price for four years at an average private college now hitting $\$ 192,876$, and a whopping $\$ 262,917$ at the most expensive private colleges. Even public colleges, whose costs a generation ago could be covered mostly by student summer jobs and some parental scrimping, now total about $\$ 100,000$ for four years (Source: College Board's Trends in College Pricing 2013 and assumed 5\% annual college inflation). Many parents have more than one child, adding to the strain. Yet without a college degree, many jobs and career paths are off limits.
On the other side, the pressure to save for retirement is intense. Longer life expectancies, disappearing pensions, and the uncertainty of Social Security's long-term fiscal health make it critical to build the biggest nest egg you can during your working years. In order to maintain your current standard of living in retirement, a general guideline is to accumulate enough savings to replace $60 \%$ to $90 \%$ of your current income in retirement--a sum that could equal hundreds of thousands of dollars or more. And with retirements that can last 20 to 30 years or longer, it's essential to factor in inflation, which can take a big bite out of your purchasing power and has averaged $2.5 \%$ per year over the past 20 years (Source: Consumer Price Index data published by the U.S. Department of Labor, 2013).
So with these two competing financial needs and often limited funds, what's a parent to do?

## The prevailing wisdom

Answer: retirement should win out. Saving for retirement should be something you do no matter what. It's an investment in your future security when you'll no longer be bringing home a paycheck, and it generally should take precedence over saving for your child's college education.

It's akin to putting on your own oxygen mask first, and then securing your child's. Unless your retirement plan is to have your children be on the hook for taking care of you financially later in life, retirement funding should come first.

## And yet ...

It's unrealistic to expect parents to ignore college funding altogether, and that approach really isn't smart anyway because regular contributions--even small ones--can add up over time. One possible solution is to figure out what you can afford to save each month and then split your savings, with a focus on retirement. So, for example, you might decide to allocate $85 \%$ of your savings to retirement and $15 \%$ to college, or $80 / 20$ or $75 / 25$, or whatever ratio works for you.
Although saving for retirement should take priority, setting aside even a small amount for college can help. For example, parents of a preschooler who save $\$ 100$ per month for 15 years would have $\$ 24,609$, assuming an average $4 \%$ return. Saving $\$ 200$ per month in the same scenario would net $\$ 49,218$.* These aren't staggering numbers, but you might be able to add to your savings over the years, and if nothing else, think of this sum as a down payment--many parents don't save the full amount before college. Rather, they try to save as much as they can, then look for other ways to help pay the bills at college time. Like what?
Loans, for one. Borrowing excessively isn't prudent, but the federal government allows undergraduate students to borrow up to \$27,000 in Stafford Loans over four years--a relatively reasonable amount--and these loans come with an income-based repayment option down the road. In addition, your child can apply for merit scholarships at the colleges he or she is applying to, and may be eligible for need-based college grants. And there are other ways to lower costs--like attending State $U$ over Private U, living at home, graduating in three years instead of four, earning credits through MOOCs (massive open online courses), working during college, or maybe not attending college right away or even at all.
In fact, last summer, a senior vice president at Google responsible for hiring practices at the company noted that $14 \%$ of some teams included people who never went to college, but who nevertheless possessed the problem solving, leadership, intellectual humility, and creative skills Google is looking for ("In Head-Hunting, Big Data May Not Be Such a Big Deal," New York Times, June 19, 2013). One more reason to put a check in the retirement column.

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 How much money should a student borrow for college? There's no magic formula to determine how much you or your child should borrow to pay for college. That being said, there is such a thing as borrowing too much. How much is too much? Well, college counselors typically recommend that students borrow no more than the amount they expect to earn in their first year out of college, which in turn depends on a student's individual major and job prospects. So, for example, a student planning to get an engineering degree might borrow about $\$ 50,000$ or $\$ 60,000$ if he or she expects to obtain a job after college paying that much, while a student majoring in social work might borrow much less.
But this guideline is just that--a guideline. Just as many homeowners got burned taking out larger mortgages than they could really afford (even though their lenders may have told them they were "qualified" for that amount), many students are getting burned borrowing amounts that may have seemed reasonable at first glance but now in reality are not.
Remember, student loans will need to be paid back over a term of 10 years or longer. What if
the engineering graduate doesn't have that steady, well-paying job for 10 years? What if he or she decides to step out of the workforce to care for children? What if the company downsizes? What happens when other expenses like housing, utilities, car payments, daycare, and home repairs come down the pike? What if he or she wants to go on to graduate school? Any interruption in the payment of these student loans via deferment or forbearance requests will only add to a borrower's overall balance.
According to the Project on Student Debt, 71\% of students who graduated from college in 2012 had student loan debt, and the average balance was \$29,400 (Student Debt and the Class of 2012, December 2013). With a 10 -year term and a $3.8 \%$ interest rate (the current rate on federal Stafford Loans), the monthly payment would be $\$ 295$. But borrow a bit more, say $\$ 40,000$ total, and the monthly payment jumps to $\$ 401$. And these figures are conservative, because the interest rates on federal Stafford Loans and private student loans have nowhere to go but up. So student borrowers beware! Don't be led blindly into excessive student loan debt based on a guideline you didn't create.


## Are con artists adopting trendy twists on old scams?

In a word, yes. You may be great at deleting e-mails from Nigerian princes to avoid online phishing, but fraudsters keep coming up with new schemes for prying information or money from potential victims. And while scams sometimes involve hot topics that are getting a lot of attention in the news, which may make them seem legitimate, they still may be based on old-school techniques such as phone calls.
If a broker contacts you about investing in high-yielding certificates of deposit, don't provide any information or send money right away. Why? Because of reports that scammers have been posing as brokers to pitch CDs, claiming to represent a legitimate firm--perhaps even one that you already do business with. They may give you a number to call or offer to have their supervisor send you forms to help you transfer funds in an attempt to acquire data that can be used to steal either your money or identity. Even caller ID can be rigged to fake a firm's number; check the number independently with the firm's website or your own records and call directly to verify the caller's identity.
Another area ripe for fraud is linked to the
recent legalization of medical or recreational marijuana in some states. As with any enterprise making headlines, so-called "pump-and-dump" artists have begun touting small, thinly traded companies linked to that industry. In many cases, they hope to inflate demand and drive up the stock price quickly--the "pump"--and then dump their vastly inflated shares at a profit, leaving their victims holding the bag(gie). Any unproven company in a relatively new industry deserves extra scrutiny of its financials, management, business plan, and other information. Don't be rushed into a decision just because a stranger tells you the window of opportunity is closing or promises fast profits.
Finally, if you receive a phone call threatening you with jail time or the loss of your driver's license unless you pay what you owe the IRS, don't panic, even if they cite part of your Social Security number or you also get a call from your local police department or motor vehicles department that seems to "verify" the claim. Again, your first step should be to contact the IRS, police, or motor vehicles department on your own, using a phone number you obtained yourself rather than one provided by a caller.

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## Retirement Spending

How much are you going to spend in retirement? What once seemed like a simple question has become incredibly complicated in recent years.

Why? First of all, a diminishing number of people actually plan to leave work and embrace leisure on a full-time basis, and those who do seem to be doing it later than people from earlier generations. Of the oldest baby boomers, who are now age 68, only $52 \%$ are actually retired. $21 \%$ are still working full-time. According to a Gallup survey, $37 \%$ of Americans say they plan to work full-time past the age of 65, but that may be underestimating the actual shift in preference. A 2012 survey conducted by Transamerica found that just $19 \%$ of workers expect to retire fulltime by age 65 .

When people DO leave the workplace, it now appears that some of the assumptions about their spending habits will have to be revisited. The default assumption for many retirement plans is that what you spend now for things like food, clothing etc. will remain pretty much the same the day after retirement as they were the day before. Your home mortgage may or may not go away in retirement and the expenses related to commuting to and from work will diminish. When you sort it all out, you end up with a baseline spending plan, which includes a new car every few years, dining out occasionally, making home improvements and other basic necessities. These expenses have traditionally been assumed to increase each year roughly with the inflation rate.

On top of that, it was assumed that in the vigorous early years of retirement, people would spend more on travel and country club memberships than they did when they were working, so their overall expenses would go up the day after they retire and gradually diminish as they found it harder and harder to play 18 holes of golf every day. At some point in the age curve, health expenses would start to rise. The people who study retirement expenditures talked about a "smile" graph of expenses, where it cost more to live and play in the earlier and later years of retirement than in the middle years.

What's wrong with that? For one thing, when you look at the Bureau of Labor Statistics data on what people actually spend in their later years, it contradicts this comfortable smile pattern. People between the ages of 65 and 74 tended, on average, to increase their annual spending levels between I.II percentage points and 1.78 percentage points more per year more than the inflation rate. Over that decade of their lives, any assumption that used the inflation rate would undercount their aggregate spending by somewhere between II\% and I9\%. People age 75 and older accelerated their actual spending to (again over the course of the next decade) between $13 \%$ and $22 \%$ more than the inflation statistics would suggest. After that, healthcare costs would start to dominate the spending pattern.

To make things more complicated, the statistics suggest that retirees tend to cut back on their spending whenever the investment markets go down. In 2009, people age 75 and older, on average, spent less than they did the year before, and they actually spent less than that in 2010. That same year, the average spending of people age 65-75 declined a remarkable $3.55 \%$. As your wealth goes down, so too does your spending.

How can we predict these things in advance? We can't. And it's important to remember that these broad statistics don't apply to your individual circumstances; they just suggest things that most of us should watch out for. The only clear conclusion of the research, thus far, is that we should probably make conservative assumptions about spending, and hope we're pleasantly surprised as the years go on.

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## Roubini's Worry List

So far this year, the investment markets have held up pretty well, which doesn't always happen after a year of big returns like we experienced in 20I3. But based on experience, it seems likely that something will spook investors during the year.

Professional investors have learned to create a mental "watch list" of possible market-shaking events, and they were helped recently when Noriel Roubini, chairman of Roubini Global Economics, former Senior Economist for International Affairs at the U.S. Council of Economic Advisors, compiled his own worry list. Roubini said that we're past the time when people should be fearful of a breakup of the Eurozone, or (for now) any Congressional tinkering with the debt ceiling. The public debt crisis in Japan seems to be fading in the optimism of Japanese Prime Minister Shinzo Abe's monetary easing and fiscal expansion, and the war between Israel and Iran over Iranian nuclear technology, once thought to be imminent, now appears to be on the back burner.

So what does today's worry list look like? Roubini starts off with China, which is trying to shift its growth away from exports toward private consumption. Chinese leaders, he says, tend to panic whenever China's economic growth slows toward 7\% a year, at which time they throw more money at capital investment and infrastructure, creating more bad assets, a lot of industrial capacity that nobody can use, and a bunch of commercial and industrial buildings which sit empty along the skyline. Eventually, something will have to be done about the growing debt at the same time that investors face a potential crash in inflated real estate prices. Think: five or six 2008 real estate crises piled on top of each other, all of it happening in one country.

Numbers two and three on Roubini's worry list involve the U.S. Federal Reserve, which could (worry \#2) cease its massive purchases of real estate mortgages and government bonds too quickly, causing interest rates to rise and sending financial shockwaves around the world. Or, on the other hand (worry \#3) the Fed might keep rates low for so long that the U.S. experiences new bubbles in real estate, stocks and credit--and then experiences the consequences when the bubbles burst.

Roubini also worries about emerging market nations being able to manage their debt and capital inflows if interest rates go up, and of course the situation in the Ukraine has significant marketspooking potential. Finally, he notes that China has significant unresolved territorial disputes with Japan, Vietnam and the Philippines, which could escalate into military conflict. If the U.S. were drawn into a maritime confrontation, alongside Japan, with Chinese warships, investors might think it's a good time to retreat to the sidelines.

None of these scenarios are guaranteed to happen, and some of them seem unlikely. But these periodic, headline-related spooking comes with the investment territory. If and when one of these events grabs the global headlines, it might be helpful to remember that the stock markets have weathered worse and come out ahead. Think: World War II, a presidential assassination, two wars in the Middle East, 9/II and a Wall Street-created global economic meltdown. If we can survive and even profit, long-term, from a stay-the-course investment mentality through those events, then we might be able to weather the next big headline on (or off) the worry list.

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